

## Drinks

Iced tea	daily selections of fine leaf tea, mostly fair trade & organic	2.35
Ice coffee	regular & decaf	2.00
Orange lemon soy almond ice coffee		2.75
China 5 chai ice latte		2.95
Hot China 5 chai latte		3.95
Orange juice		2.85
All natural soft drinks		2.35
Premium natural soft drinks		2.95
Fiji	water 1/2 liter	1.90
	1 liter	3.35
Lissa sparkling mineral water	1/2 liter	2.35
	1 liter	3.95

## Hot Coffee

 Organic Fair Trade Locally Roasted

Brewed coffee	12 oz	2.25
	16 oz	2.60

## Avanti Fine Leaf Tea

Please see our extensive tea collection  
*list printed separately*

Each pot brewed fresh to order & served w/ an Avanti sweet treat

## Artisan Wine & Micro Beers

Please see our custom chosen Avanti wine & beer collection  
*list printed separately*

## Avanti Margarita Maxima

 on the rocks

Our gorgeous full-bodied, fresh citrus, agave margaritas are always a hit. Expertly crafted for full on flavor & served on the rocks.  
\$5.95 tall glass  
\$15 carafe

On Friday & Saturday nights from 6 to 8 PM it's  
Margarita Maxima Madness - margaritas at \$5 each & carafe at \$12  
Tapas style taste treat \$5.95

## Kick A\$% Bloody Mary

 on the rocks

Organic tomatoes, horseradish, serrano chili, onion, garlic, lemon oregano & cumn ++  
Bloody salute & down the Hatch!  
\$5.95 tall glass  
\$15 carafe

On Saturdays & Sundays during brunch it's  
Kick A\$% Bloody Brunchin' at \$5 each & carafe at \$12

 = **vegan selections**

## Reservations accepted for parties of 5 or more

Corkage \$9.75

Meaning 'forward' in Italian, Avanti Natural is a culinary philosophy that integrates the best of traditional European and Asian healthful eating with the latest nutritional information for optimum health.

# Avanti Cafe

Organic Eats & Homemade Treats!

Monday - Saturday 259 E. 17th St  
11 AM / 10 PM Costa Mesa CA 92627  
Sunday 949-548-2224  
11 AM / 8 PM AvantiOC@ca.rr.com  
www.avantinatural.com

**No trans fats - ever! Always organic eggs! Organic produce from South Coast Farms**

**Perfection Illumination Avanti table candles provided by Soy Luz**

## Saturday & Sunday Weekend Brunchin'

**Saturday & Sunday from 11 AM to 1 PM**

**Weekend Brunch \$9.25 each // Brunch Special \$9.95**

**French organic omelettes, coconut pain perdu** 

+ all of our breakfast specialties, ciabatta scrambler, Avanti magic bruschetta, golden tofu bruschetta , quiche tartlets  
All served w/ sovereign kalamata home fries, hot or iced coffee, select hot or iced tea du jour  
+ margaritas, mimosas, bloody marys & kir royal deliciously imbibed @ \$5 ea  
+ our extensive hot tea menu, brewed to order by the pot & served w/ a sweet treat. Consult the complete tea menu. Individually priced

## Avanti Samplers

**Avanti super entree sampler**  
Your choice of a tasting selection from the deli case

med	serves one 2 or 3 items	9.50
large	serves two 3 or 4 items	15.95

**Avanti dessert sampler** 9.50

Your choice of 3 desert delights from our tantalizing selections  
*not including individual tarts*

## Deli & Soups

Deli items & soups available by size to eat in or take out

<b>small</b>	4.45
<b>medium</b>	7.85
<b>large</b>	13.75

*Fresh intriguing selections daily*

**all soups served w/ Avanti bread & gourmet garnishes**

**Cup of soup & garden green salad combo** 8.75

*served w/ a slice of our housemade bread*

**Hot sandwich, hot soup combo** 8.95

*hot panini sandwich & a hot cup of soup*

**"The best Margarita on Earth"**

OC Weekly 2008 & Delilah too!

**Best of Heart Healthy Restaurants Orange County 2008** [gayot.com](http://www.gayot.com)

<http://www.gayot.com/restaurants/bestof/hearthealthy/orangecounty.html>

**Voted '#1 Vegetarian Friendly'**

aol cityguide 2007

<http://cityguide.aol.com/orangecounty/bestvegetarianfriendly>

**OC's Hot 10 Restaurants 2007**

[gayot.com](http://www.gayot.com)

<http://www.gayot.com/restaurantpages/info.php?tag=OCRES061202&code=OC>

**"10 Most Memorable Meals of 2005"**

OC Register

## Avanti Bakery & Breads

All of our fully homemade baked goods and sweets are made w/ organic flours & grains, organic sugar, sucanat, farm fresh fruits, organic & all natural dairy products, organic eggs and creative attention to flavor & detail.

*Check the cases daily for new favorite selections.*

Solo Ciabatta	1.95
Ciabatta	4.00
10+ Grain	4.95
Olive hearth	4.95
Cranberry Walnut	5.25
Focaccia bread	2.95
Focaccia pizza crusts	4.00

place orders in advance for multiple loaf orders

## Appetizers

<b>Roasted Polenta Crisps</b>	⌘ Lemon oil scented	6.95
w/ garnet yam pate & Zhug rouille dipping sauce		

### Avanti gourmet cheese, olive, bread & magic sampler

med	serves 2 to 3 as appetizer	9.50
large	serves 4 to 6 as appetizer	15.95

<b>Tapas Taste Treat</b>	Chefs selection sampler	6.95
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taste a few items from our sampler case, served w/ Avanti bread bites  
choose vegan OR vegetarian

## Deli Favorites

<b>Sovereign Quiche Tartlets</b>	6.25
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<b>Avanti Magic Bruschetta</b>	6.95
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two organic scrambled eggs, fresh vegetables, olives, baby greens, ricotta  
& Avanti cheese blend, nuts & served on Avanti housemade toast

<b>Avanti Golden Tofu Bruschetta</b>	⌘ 6.95
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organic tofu sauted in our golden oil & golden spices, fresh vegetables, olives,  
baby greens, nuts & served on Avanti toast

<b>Italian Rice Ball</b>	6.25
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Avanti brown rice medley, sauted vegetable blend, kalamata olive, Avanti bread  
crumbs, organic eggs, nuts & cheese, topped w/ ricotta cheese,  
Avanti classic red sauce & Avanti cheese blend

<b>Tamales Deliciosos</b>	6.50
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stuffed w/ vegetables, beans & fresh cheeses,  
served w/ smoky shallot crema, fresh fruit & pepitas

<b>Fresh panini of the day</b>	6.25
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served w/ a side of mixed baby greens

## Freshly Frozen

<b>Avanti Cafe soup &amp; deli selections</b>	4.25 sm
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	7.60 med
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<i>ever ready for a comfort food mood</i>	13.25 lg
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<b>Naturally homemade cookie dough</b>	8.00 & up
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*makes 12 to 15 home baked cookies*

## Dogs, Too!

<b>Avanti Natural holistic dog food</b>	5.00 med
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<i>organic chicken, quality meats &amp; seafood,</i>	8.75 large
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*whole grains, seeds & fresh vegetables - eggless*

**Whipped to order organic cream - plain or organic sugar sweetened \$3**

**Add a side of dressed mixed greens \$3**

**Add a side of roasted tofu & tempeh \$2.75**

**Add a side of roasted tofu \$2.10**

**Special requests & substitutions from \$5**

## Hot Sandwiches

<b>Sloppy Giotto</b>	7
Bolognese sauce, havarti cheese, olive rosemary ricotta, fresh onion, citrus arugula falafel roasted eggplant <b>OR</b> roasted portobello mushroom	

<b>Rubenesque</b> - vegetarian or vegan	7.95
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caraway & beer cabbage, Avanti 1000 island, roasted tofu & tempeh, 10+ grain  
bread & your choice of Swiss cheese or avocado (or both for \$8.85)

<b>Ciabatta Scrambler</b>	7
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scrambled organic eggs, cheddar cheese, greens, smoky fennel black beans,  
toasted coriander galangal mustard, lettuce crunch on our delicious ciabatta bread

<b>Veg Burger du jour stacked w/ fixin's</b>	7
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vegetarian or vegan served w/ Avanti mustard, ketchup, cheese or yam w/  
caramelized garlic & shallot, citrus miso greens  
(or choose a patty only for 4.75)

## Sandwiches 6.95

<b>Honey Mood</b>	Avanti Blood Orange Honey Dijon mustard sings w/ flavor, citrus miso greens & sliced pears on ciabatta bread
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*w/ your choice of one of the following:*

Roasted tofu & tempeh ⌘ falafel roasted eggplant ⌘

roasted portobello mushroom ⌘

<b>Shiitake artichoke pesto sandwich</b>
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*w/ your choice of one of the following:*

Cheddar, Brie, Swiss cheese, Roasted tofu & tempeh ⌘

falafel roasted eggplant ⌘ roasted portobello mushroom ⌘

<b>Roasted Riviera</b>	marinated & roasted portobello, zucchini & onion rings,
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roasted red peppers, spicy Zhug rouille sauce & citrus miso mixed greens

*w/ your choice of one of the following:*

Cheddar, Brie, Swiss cheese, Roasted tofu & tempeh ⌘

## Pizzette 9.00

<b>Pizza Bianca</b>	Avanti cheese blend, ricotta, garlic & shallot greens, olives, pinenuts & rosemary sea salt
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<b>Classic Red</b>	Avanti cheese blend, ricotta, Avanti red sauce, garlic & shallot greens, olives & shichimi 7 spice
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<b>Shiitake Artichoke Pesto</b>	⌘ garnet yam, garlic & shallot greens, olives, nuts
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<b>Bolognese</b>	Bolognese sauce, garlic & shallot greens vegan w/ nuts & olives // vegetarian w/ Avanti cheese
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<b>Riviera</b>	roasted portobello, zucchini & onion, roasted red peppers, spicy Zhug rouille sauce & garlic & shallot greens vegan w/ nuts & olives // vegetarian w/ Avanti cheese
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## Pasta 7.85

<b>Tofu tempeh Bolognese</b>	⌘
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<b>Classic red pasta</b>	- vegetarian or vegan - Avanti organic red sauce, garnished w/ mixed raw nuts, olives &/or Avanti cheese blend
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<b>Cheddar &amp; corn mac &amp; cheese</b>
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<b>HOT Tomato Cream</b>	Our Molten Magma heats up this tomato cream sauce. Garnished w/ more Magma for extra heat.
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## Salads

<b>Roasted fruit, citrus miso, caramelized garlic &amp; shallot &amp; cafe candied nut entree salad</b>	⌘ 7.95
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<b>Gourmet cheese, olive &amp; Avanti hearth bread entree salad</b>	8.75
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<b>Garden green medley salad</b>	⌘ 5.75
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*Your choice of:*

citrus miso dressing

shallot & homemade red wine vinegar dressing